

Our Skilled Nursing Rehabilitation Center provides personal and individual care during your recovery. Licensed for 43 beds, offering semi-private and private rooms. Professionally staffed with skilled nurses, on-site physicians, licensed therapists, state-of-the-art rehabilitation equipment, gourmet meals, and wonderful views.



How To Find The Sequoias Portola Valley Health Center.

We're conveniently located in the mid-peninsula near Palo Alto and Stanford, southwest of Woodside, off of Hwy 280.

How To Arrange a Tour:

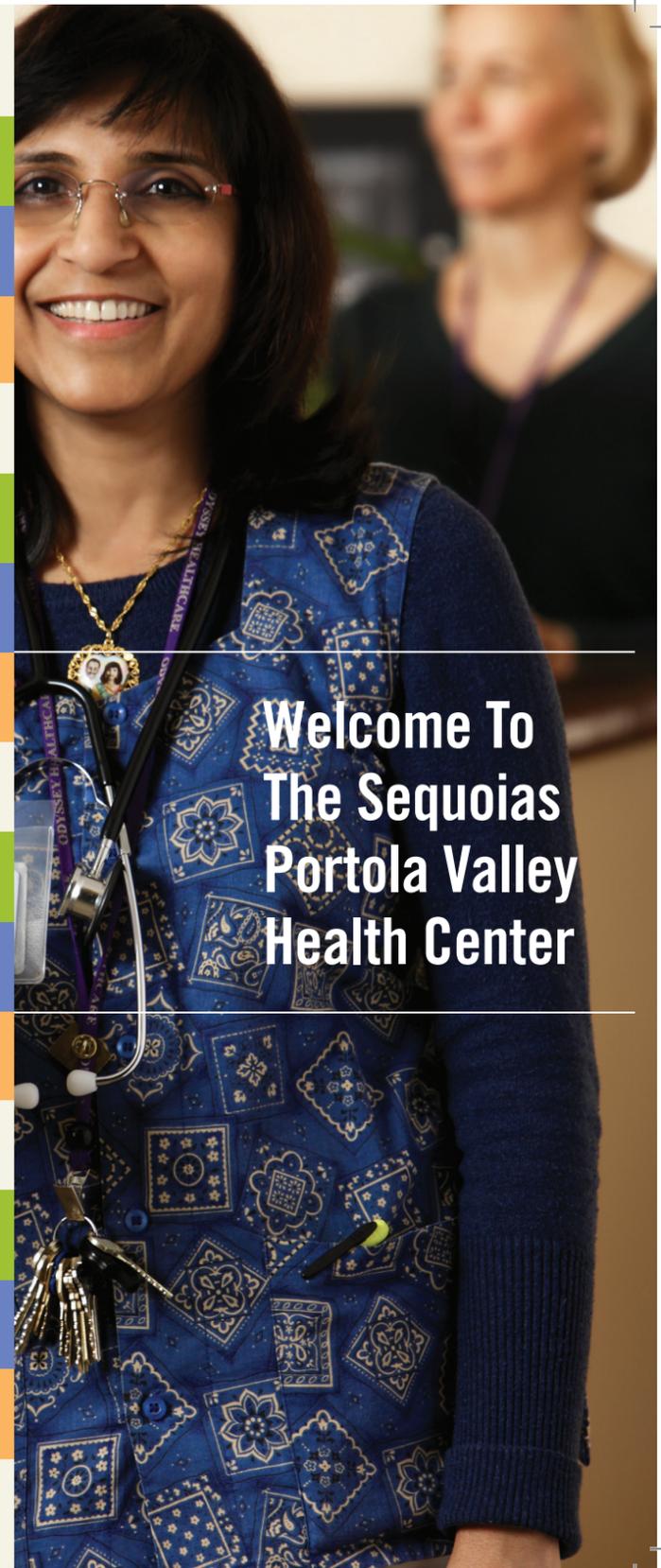
Call the Marketing Department at (650) 851-1501.



License #4105000567
COA#075



The Road To Wellness Starts Here.



Welcome To The Sequoias Portola Valley Health Center



Friendly and well-trained staff.

Welcome to a healing rehabilitation center for your recovery. Here, you'll find compassionate skilled nursing personnel and community activities catering to a variety of preferences.

"I came in here a week ago in pain and walking with difficulty. I'm leaving here today stronger, with more knowledge about food, diet and body mechanics. I can take care of myself because you all took such good care of me. You are an amazing group of caregivers and I'm very grateful to each of you. Thank you."

— J.D., Patient

Multidisciplinary Medical Staff:

Our compassionate, skilled nursing staff is interested in your spiritual, mental, physical, and emotional health. The Center's highly trained staff can accommodate most levels of acuity, for short-term rehabilitation, or recuperation after hospitalization, or long-term care.

Rehabilitation Therapy Team:

Our rehabilitation team of licensed therapists and specially trained assistants can help you regain strength, mobility and independence:

- Physical Therapy
- Occupational Therapy
- Speech Therapy



Choose private or semi-private comfortable, well-equipped rooms.

Featuring telephone, basic cable TV, and a state-of-the-art pager system.



Our state-of-the-art therapy and rehabilitation center can better assist you in your recovery.



*All the services of a multidisciplinary team of professionals.
24-hour personalized skilled nursing care.*

The Sequoias Portola Valley is located on 42 beautiful acres, and is owned and operated by Northern California Presbyterian Homes & Services, Inc. (NCPHS), a not-for-profit organization founded in 1958.

With our broad scope of services, The Sequoias Portola Valley Health Center's goal is to help you on the road to recovery—no matter what your level of mobility may be.

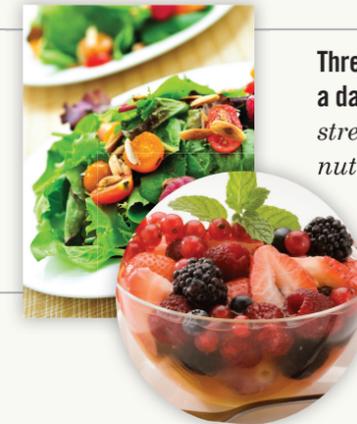


Our highly qualified team of professionals includes:

- Licensed Nursing Home Administrator
- Director of Nursing
- Nurse Managers
- Registered Nurses
- Licensed Vocational Nurses
- Certified Rehab Nursing Assistance
- Certified Nursing Assistance
- Social Worker
- Certified Activities Director
- On-Site Physician Services five days per week
- Registered Dietitian

Other Services:

- Three gourmet meals and nutritious snacks under the guidance of our Chef and Registered Dietitian
- Special diets accommodated for diabetics, heart healthy meals, food allergies, gluten-free diets, and other special needs
- Personalized activities
- Chaplain services
- Hospice care
- And more



Three gourmet meals a day. Regain your strength with healthy, nutritious foods



Relaxing garden settings.